

**Listening: Clarification**

**A. Use the words below to ask for clarification.**

What did you say? Please repeat. Excuse me? I'm sorry, but I don't understand.  Please speak slowly. Please speak louder.	Did you say _____?  Continue.  I got it! I understand!
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**B. Listen to the teacher speak about food. Make a check for fruits and vegetables. Stop your teacher when you don't understand and ask for clarification. Use the words above.**

Teacher's Name \_\_\_\_\_

Time of Day	Fruits and Vegetables
Morning	
Afternoon	
Evening	

Total: \_\_\_\_\_

**C. Answer the questions.**

- How many fruits and vegetables did the teacher eat yesterday? \_\_\_\_\_
- Did the teacher eat 5? Yes No
- Does the teacher need to eat more fruits and vegetables? Yes No

## Fruits and Vegetables

A. Listen to Moi talk about the food she ate. Put a check (✓) for each fruit and vegetable.

### Moi's Story

Time of Day	Fruits and Vegetables
Morning	
Afternoon	
Evening	

B. Listen to Adolfo. Put a check (✓) for each fruit and vegetable he ate.

### Adolpho's Story

Time of Day	Fruits and Vegetables
Morning	
Afternoon	
Evening	

C. Listen to Cindy. Put a check (✓) for each fruit and vegetable.

### Cindy's Story (Moi's daughter)

Time of Day	Fruits and Vegetables
Morning	
Afternoon	
Evening	

D. Count the checks (✓).

E. How many for Moi? \_\_\_\_\_ Adolfo? \_\_\_\_\_ Cindy? \_\_\_\_\_

Who needs to eat more? \_\_\_\_\_

## Teacher Script

### ***Moi's Monologue***

Hi, my name is Moi. I am from Vietnam, but I live in the U.S. now. This **morning** I ate a bowl of rice with some fish, and I drank a cup of tea. This **afternoon**, I ate a Vietnamese soup with chicken, noodles, and **cabbage**. It was good. I drank a glass of water. For **dinner** I ate some traditional food from my country. I had a green **papaya** salad with **carrots, onions** and a special sauce made with **chilies**. Also on my plate I had some rice and pork. I drank tea. I had a bowl of fruit with pieces of **banana and pineapple**. So, as you can see, I eat a lot of fruits and vegetables.

### ***Adolfo's Monologue***

Hi. I'm Adolfo. I live in the U.S., but I'm Mexican. Early in the **morning** I had a cup of hot milk with some hot cereal and a little sugar. Later in the morning I had eggs with fresh **salsa of onion, chilies, and tomatoes**. I ate some warm tortillas, too. I had some slices of fruit from a **papaya**. I drank some strong coffee. Later **at 2 pm**, I had some beans, chicken, rice, and more tortillas. I drank a glass of **orange juice**. In the **evening**, I ate a tortilla with cheese and **salsa**. Then I had fruit, a **banana and an apple**. I drank a cold beer, too.

### ***Cindy's Monologue (Moi's daughter)***

Hi. I'm Moi's daughter. My name is Cindy. I'm Vietnamese-American. I like a piece of toast for **breakfast**. I don't like the Vietnamese food my mom cooks in the morning. I buy my **lunch** at school. I always have a hamburger. I drink a large soda. I eat a bag of chips after school. I open a can of **soup** for **dinner** because I can fix it myself. My mom says I need to eat more fruits and vegetables. I don't really want to change. She wants me to eat one fruit or vegetable a day. So last night I ate a **banana**.

### **Assessment Script**

1. My name is Ana. My parents came to the United States from Mexico, but I was born here. Yesterday **morning** I ate two tortillas with eggs and **salsa**. **At lunch**, I ate a big salad with **lettuce, tomatoes onions** and cheese. In the **evening**, I ate some chicken, rice, **carrots and green beans**. I also had a salad with **lettuce, pineapple and bananas**. I really like salads.
2. Hi, I'm Carlos. I'm from Guatemala, but I live in the United States now. This **morning** I ate a bowl of cereal with some milk. I never ate cold cereal in Guatemala, but it's a fast and easy breakfast. I drank a glass of **orange juice**, too. **For lunch at noon**, I ate at a fast food restaurant. I had a hamburger with cheese and a Soda. I really like hamburgers, but I'm not sure if they're healthy. My mother always cooks a good dinner, and this **evening** I ate fish and rice, **green beans and corn**. That was a really nice dinner.

Worksheet #2  
Answer Key

Listen to Moi talk about the food she ate. Put a check (✓) for each fruit and vegetable.

Moi's Story

Time of Day	Fruits and Vegetables
Morning	
Afternoon	✓ Cabbage
Evening	✓✓✓✓✓✓ Papaya, carrots, onions, chilies, banana, pineapple

Listen to Adolfo. Put a check (✓) for each fruit and vegetable.

Adolfo's Story

Time of Day	Fruits and Vegetables
Morning	✓✓✓✓ Onion, chilies, tomatoes, papaya
Afternoon	✓ Orange juice
Evening	✓✓✓ Salsa, banana, apple

Listen to Cindy. Put a check (✓) for each fruit and vegetable.

Cindy's Story (Moi's daughter)

Time of Day	Fruits and Vegetables
Morning	
Afternoon	
Evening	✓

Count the checks (✓).

Adolfo? 8

How many for Moi? 7

Cindy? 1

Who needs to eat more? Cindy

## Nancy's Fruits and Vegetables

A. Example: Name           *Nancy*          

Fruits and Vegetables	How many?
Morning:      banana, orange juice	2
Afternoon:    carrots, tomato	2
Evening:	0

Total:   4  

Question	Answer
1. What fruits and vegetables did Nancy eat in the morning?	1. She ate a banana. She drank orange juice.
2. What fruits and vegetables did Nancy eat in the afternoon?	2. She ate carrots and a tomato.
3. What fruits and vegetables did Nancy eat in the evening?	3. She didn't eat fruits and vegetables.
4. How many total?	4. Four.
5. Did she eat five?	5. No.
6. Does she need more?	6. Yes.

## Partner Practice

Your Name: \_\_\_\_\_

### A. What did you eat yesterday?

Fruits and Vegetables	How many?
Morning:	
Afternoon:	
Evening:	

Total: \_\_\_\_\_

### B. Talk to your partner. Ask these questions. Write the answers.

Question	Answer
1. What fruits and vegetables did you eat in the morning?	1. _____
2. What fruits and vegetables did you eat in the afternoon?	2. _____
3. What fruits and vegetables did you eat in the evening?	3. _____
4. How many total?	4. _____
5. Did you eat 5?	5. _____
6. Do you need more?	6. _____

## Quiz

1. Listen to Ana talk about the food she ate. Put a check ( ✓ ) for each fruit or vegetable you hear.

Time of Day	Fruits and Vegetables
Morning	
Afternoon	
Evening	

2. Look at the chart in #1 above. Does Ana need to add more fruits and vegetables? *Circle the correct answer:*      **Yes No**

3. Listen to Carlos talk about the food he ate. Put a ( ✓ ) for each fruit or vegetable you hear.

Time of day	Fruits and Vegetables
Morning	
Afternoon	
Evening	

4. Look at the chart in #3 above. Does Carlos need to add more fruits and vegetables?      **Yes No**

### Quiz

1. Listen to Ana talk about the food she ate. Put a check ( ✓ ) for each fruit or vegetable you hear.

Time of Day	Fruits and Vegetables
Morning	✓ Salsa
Afternoon	✓✓✓ Lettuce, tomato, onions
Evening	✓✓✓✓ Carrots, green beans, lettuce pineapple, bananas

2. Look at the chart in #1 above. Does Ana need to add more fruits and vegetables? *Circle the correct answer:*      **Yes [No]**

3. Listen to Carlos talk about the food he ate. Put a ( ✓ ) for each fruit or vegetable you hear.

Time of Day	Fruits and vegetables
Morning	✓ Orange juice
Afternoon	
Evening	✓✓ Green beans, corn

4. Look at the chart in #3 above. Does Carlos need to add more fruits and vegetables?      **[Yes] No**

5. How many fruits and vegetables did you eat yesterday? \_\_\_\_\_

6. Do you need to add more fruits or vegetables?      **Yes No**

**My Goal:** I want to eat \_\_\_\_\_ fruits and vegetables every day.

Directions:

1. For the next 5 days, check how many fruits and vegetables you eat.
2. Do your report.
3. Talk to a partner.

	Put a check ( ✓ ) for each fruit and vegetable you eat.	Total	Enough for the day?
Date #1	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> I ate: _____ _____	_____	No <input type="checkbox"/> Yes <input type="checkbox"/>
Date #2	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> I ate: _____ _____	_____	No <input type="checkbox"/> Yes <input type="checkbox"/>
Date #3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> I ate: _____ _____	_____	No <input type="checkbox"/> Yes <input type="checkbox"/>
Date #4	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> I ate: _____ _____	_____	No <input type="checkbox"/> Yes <input type="checkbox"/>
Date #5	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> I ate: _____ _____	_____	No <input type="checkbox"/> Yes <input type="checkbox"/>

MY REPORT	DATE:
1. I ate enough fruits and vegetables this week (5 cups or more each day).	No <input type="checkbox"/> Yes <input type="checkbox"/>
2. I need to eat more fruits and and vegetables.	No <input type="checkbox"/> Yes <input type="checkbox"/>
3. What will you do to eat more fruits and vegetables?	_____ _____

## Homework Strips

## Worksheet #6

Name: \_\_\_\_\_

Fruits and Vegetables	How many?
Morning:	
Afternoon:	
Evening:	

Total: \_\_\_\_\_

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Name: \_\_\_\_\_

Fruits and Vegetables	How many?
Morning:	
Afternoon:	
Evening:	

Total: \_\_\_\_\_

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Name: \_\_\_\_\_

Fruits and Vegetables	How many?
Morning:	
Afternoon:	
Evening:	

Total: \_\_\_\_\_

---

Name: \_\_\_\_\_

Fruits and Vegetables	How many?
Morning:	
Afternoon:	
Evening:	

Total: \_\_\_\_\_

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Name: \_\_\_\_\_

Fruits and Vegetables	How many?
Morning:	
Afternoon:	
Evening:	

Total: \_\_\_\_\_